This week in BEE & around OSU

BEE Food Drive Results

We wrapped up the Annual OSU Food Drive at the end of the February, and the results are now in! As a department, Biological & Ecological Engineering raised \$8,432.25, and landed in 2nd place in the Team 1 Award Category! Congratulations, and thank you to everyone who helped support the food drive. In total, OSU raised \$467,777.63, which beat last year.

We are already so excited for next February's Food Drive. Thank you, and Go Beavs!

BEE End of the Year Events

BEE Awards Banquet: Join us for dinner in a celebration for our department. We will present awards, scholarships, and our achievements, and we would love for all our students to join. It will take place Thursday, May 9th, at 5:30 P.M. in the MU Horizon Room. Please use <u>this survey</u> to RSVP and state which meal option you would prefer. We hope to see you all there.

BEE End of Year BBQ: Celebrate another incredible year with our End of Year BBQ on Friday, June 14th at 11:30 A.M. on the Gilmore Lawn. Food and drinks will be provided, and please RSVP using this survey.

Lectures and Seminars

Mind Matters CoE Mental Health Workshop Series

This Week: Managing Imposter Syndrome

When: April 18th at 4 P.M. Where: Kearney 311

College of Engineering Faculty Lecture Series

Coming Up: Sustainability; "Groundwater Resilience and Agriculture Competitiveness in Oregon

Through Climate-Adaptive Multibeneficial Managed Aquifer Recharge

Who: Salini Sasidharan, Biological and Ecological Engineering

When: Tuesday, May 7, 12-1 P.M.

To register or for more information: https://beav.es/c75

Coming Up: Sustainability; "Revealing nature's secrets: A chemical forensics approach to

decode the information stored in water

Who: Gerrad Jones, Biological and Ecological Engineering

When: Tuesday, May 14, 12-1 P.M.

To register or for more information: https://beav.es/c7i

Water Resources Science Seminar Series: "Assessing the condition of the nation's waters: How can stable isotopes help?" presented by Renee Brooks of the Corvallis EPA. This seminar occurs from 4-5 p.m. April 17 in Burt Hall 193 or on Zoom. This event is free and open to the public. Contact gradwater.support@oregonstate.edu for Zoom details.

BEE Bag Design Contest

Want the chance to let off some creative steam and design a beautiful new tote bag for BEE? We are holding a Tote Bag Design Contest! The winner will get to see their design on a tote bag, and receive a free bag. The bags will be offered as graduation gifts to seniors, prizes in giveaways and raffles, and other BEE events. To enter, submit a design (7" H x 9.5" W, as a jpeg or png) that symbolizes our department to this Qualtrics survey by April 30th.

We look forward to seeing your designs!

Gilmore Hall Student Showcase Bulletin Board

At BEE, we love to showcase all the hard work that our students are putting into their academics and careers. So, we are constructing a bulletin board in Gilmore Hall that will display all of the experiences that our students have had. This may include internships, study abroad, or research programs.

Please fill out this survey to be featured on the bulletin board in Gilmore Hall: https://oregonstate.qualtrics.com/jfe/form/SV 5nxT9JQ2haY5odU

This form will ask if you want to submit any photos, and to do so you must submit a photo release form: OSU-Model-Release-2021-Short.pdf

You can either submit the form through the survey, or bring it in person to GILM116.

Jobs and Internships and Career Events

Join the 2024-2025 CAS Student Leader Team: We are looking for students from diverse backgrounds to support and enhance recruitment and engagement activities in the College of Agricultural Sciences. The application is due May 3rd at 11:59 P.M. Use this survey to apply.

Getting a Dam Job: Need help creating a resume, cover letter or government application that stands out? Wondering how to gain experience in your dream field when you're already

working a full-time job? Come network, learn and explore possibilities for your future career at one of the Spring 2024 Getting a Dam Job workshops. Corvallis campus and Ecampus students in all majors are welcome; all workshops are offered in virtual or hybrid formats. Sign up for the events you're most interested in here: https://career.oregonstate.edu/careered/getting-dam-job.

Register for all career events in Handshake:

April 16th Amentum Hiring & Info Session https://beav.es/c2Q
April 17th Spring All-Industries Career & Internship Fair https://beav.es/cqG
May 1st 2024 OSU Grad School Exploration Fair https://beav.es/c2M

Career Advising Appointments/Office Hours offered for BEE students

Students can schedule 1:1 appointments with Employer Relations Managers who support the schools below. Connect with us on BeaverHub! Schedule appointments with, Josefine Fleetwood. Students will gain insight into: - Building industry/alum connections and building their network on LinkedIN - Industry Trade Associations - Informational Interviews with alums and alumni connections

Oregon State is on Handshake

Handshake is Oregon State's hub for **everything students need from college to career**. The Handshake platform was designed by students, for students with one goal in mind: to help college students find their way to their dream careers. https://oregonstate.joinhandshake.com/login

Have you joined BEE's LinkedIn Page yet? We post ALL job announcements to both LinkedIn and Facebook. https://www.linkedin.com/groups/6711697

Around Campus

Social Anxiety Support Group for CoE Students: A 6-week social anxiety support group that will be running during weeks 3, 4, 5, 7, 8, and 9. You can expect a safe, confidential, and understanding environment where you will explore the roots of social anxiety, enhance communication skills, and learn practical strategies to manage social anxiety. Meetings will be on Tuesdays from 4-5 P.M., starting on April 16th. Reach out to Shannon.frasca@oregonstate.edu for questions or to register.

Dam Proud Day 2024: Beavers everywhere: Rally together on Wednesday, April 24, to celebrate the fifth Dam Proud Day, Oregon State University's giving day. This 24-hour period is dedicated to celebrating the accomplishments of the Oregon State community, supporting all OSU students and stretching ourselves toward our aspirations. Mark your calendar and visit DamProudDay.org for ways to get involved.

Dance celebration: Take time to let go, cut loose, and honor your movement expression in a welcoming space. We will move to engaging music and close with a meditative cool down. Gently facilitated by Julie Masters from 6:30-7:45 p.m. March 7 and 21 and April 4 and 18 at Marigold. Purchase class passes and register here. Contact: contemplativestudies@oregonstate.edu

Registration open for OSU Out of the Darkness Campus Walk: "HOPE WALKS HERE." Walk with us to save lives and bring hope to those affected by suicide. The Oregon State University Out of the Darkness Campus Walk will feature a resource fair, speakers, honor bead ceremony and campus walk. This event is a collaboration with the American Foundation for Suicide Prevention and is open to all. The walk starts at 10 a.m. Saturday, April 20, SEC Plaza. Register now as an individual or set up a team by registering as a team captain: afsp.org/oregonstate.

Resources

Peer Tutoring: The College of Engineering and College of Science offer free peer tutoring for a wide variety of courses. Check this webpage for more information and schedules - https://engineering.oregonstate.edu/current-students/academic-support.

Printing: The College of Engineering Information Technology no longer offers poster printing services. Large format printing requests should be directed to the <u>OSU Media Hub</u>. Students are allowed to print **one** poster per assignment, conference, research project, etc. If you're planning on utilizing this service, then remember to submit your requests in advance since printing requests have a 48-hour lead time.

Free student contraceptive care: Want free contraceptive care? Oregon ContraceptiveCare (CCare) is a program funded through a grant from the Centers for Medicaid Services and the Oregon Department of Human Services that allows Student Health Services (SHS) to provide free reproductive health care and contraceptive services to OSU students with certain income criteria. Most students qualify. Sign up for CCare by calling SHS at 541-737-9140.

OSU Assist: Mobile Crisis Response OSU Assist is a multi-disciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress. This team brings together new personnel and existing university services to support students facing challenges. By calling 911 or 541-737-7000, OSU Assist will be dispatched in crisis situations that meet certain criteria. This could include instances of suicide ideation, substance abuse issues, survivors seeking support and welfare checks. The team provides serve on the Corvallis campus from Wednesday through Sunday, 1 p.m. to 1 a.m., with hours anticipated to expand in future terms. For more information on this service, visit our website, contact Assistant Dean of Students and Director of Student Care Services Aubrie Piper or attend one of the informational sessions noted below.

Anytime Anywhere: MySSP @ OSU App

This app gives all OSU students, including Ecampus students, 24/7 access by text or phone with a licensed mental health counselor (MySSP stands for "My Student Support Program"). The app makes it easy to schedule short-term counseling appointments with the same ongoing counselor and provides educational materials covering mental health topics. Students can communicate with a counselor in five different languages (Mandarin, Cantonese, French, Spanish or English); additional language options are available upon request. Students can download the Anytime Anywhere: MySSP @ OSU and learn more about the service at beav.es/anytimeanywhere. For questions, please contact Bonnie Hemrick, Director of Mental Health Promotion.

Togetherall: A new mental health resource for OSU students. Togetherall is a safe and anonymous online community where students can share about what they are feeling and get support to improve mental health and well-being. Watch this 1-minute video to learn more: https://youtu.be/mEt4dblejNo. Direct students to **beav.es/togetherall** to join. For questions about this service: tess.websterhenry@oregonstate.edu.

Eat Free: @eatfreeosu is a Twitter account managed by the Human Services Resource Center student team. This account broadcasts information about open events on campus that also have food available. If your event is closed, but you have extra food, a message can be crafted asking students to show up at the end of your event. Event organizers can tag @eatfreeosu or call 541-737-3747 during business hours to request their event be posted on the account.