This week in BEE & around OSU

BEE End of the Year Events

BEE End of Year BBQ: Celebrate another incredible year with our End of Year BBQ on Friday, June 14th at 11:30 A.M. on the Gilmore Lawn. Food and drinks will be provided, and please RSVP using this survey.

Lectures and Seminars

Mind Matters CoE Mental Health Workshop Series

Next Week: Strategies for Motivation

When: May 14th, 6 PM Where: Kearney 311

Water Resources Science Seminar Series

This Week: The Lookout Point Project and Upper Willamette Chinook Salmon: A case study of a

wicked problem in resource management Who: Dalton Hance, USGS Sacramento When: Wednesday, May 15th at 4PM

Where: Burt Hall 193

College of Engineering Faculty Lecture Series

Coming Up: Sustainability; "Revealing nature's secrets: A chemical forensics approach to

decode the information stored in water"

Who: Gerrad Jones, Biological and Ecological Engineering

When: Tuesday, May 14, 12-1 P.M.

To register or for more information: https://beav.es/c7i

Gilmore Hall Student Showcase Bulletin Board

At BEE, we love to showcase all the hard work that our students are putting into their academics and careers. So, we are constructing a bulletin board in Gilmore Hall that will display all of the experiences that our students have had. This may include internships, study abroad, or research programs.

Please fill out this survey to be featured on the bulletin board in Gilmore Hall: https://oregonstate.qualtrics.com/jfe/form/SV 5nxT9JQ2haY5odU

This form will ask if you want to submit any photos, and to do so you must submit a photo release form: OSU-Model-Release-2021-Short.pdf

You can either submit the form through the survey, or bring it in person to GILM116.

BEE Bag Design Contest

The Bag Design Contest has now concluded and we will be announcing the winner soon!

Jobs and Internships and Career Events

FAFSA Fix 'n' File Event: Do you still need to file your 2024-25 FAFSA? Have you already filed but need to make a correction? Join the Office of Financial Aid for help on your FAFSA questions and free pizza! We'll have staff available to help walk you through the FAFSA as well as the steps needed to make any corrections. Bring your laptop to **MU 211 on May 24, from 11am to 1pm** and we'll help with the rest!

Become a Peer Mentor: Beaver Connect is looking for Peer Mentors for 2024-2025 mentoring teams at the Corvallis campus! This program matches you with a faculty member to co-mentor a group of 3-4 new-to-OSU students. Together, you'll lead crucial discussions on navigating college, achieving success, and getting more out of the OSU experience. This is a paid position that will allow you to make connections with faculty and peers and develop resume-building leadership skills! Apply at https://beav.es/chu by May 15, 2024 - positions start prior to fall term and last through Spring 2025. We are particularly interested in undergraduate students who identify as students of color, first-generation students, students with high-financial need, and transfer students. Check out this brief orientation video or visit our website to learn more! Questions and accommodation requests can be directed to caitlin.mcvay@oregonstate.edu.

Getting a Dam Job: Need help creating a resume, cover letter or government application that stands out? Wondering how to gain experience in your dream field when you're already working a full-time job? Come network, learn and explore possibilities for your future career at one of the Spring 2024 Getting a Dam Job workshops. Corvallis campus and Ecampus students in all majors are welcome; all workshops are offered in virtual or hybrid formats. Sign up for the events you're most interested in here: https://career.oregonstate.edu/careered/getting-dam-job.

College of Agricultural Science Job Board: Check out our curated list of jobs and internships for undergraduates, alumni, and graduate students. Updated Weekly! https://oregonstate.app.box.com/v/casjobsinternshiplist

Get Career Help from Katie! "As your college career advisor, I'm here to support you on your journey from college to career. Whether this looks like prepping for an interview, editing your

resume, or finding job or internship opportunities, I'm here to help! Make an Appointment with Katie

Career Advising Appointments/Office Hours offered for BEE students

Students can schedule 1:1 appointments with Employer Relations Managers who support the schools below. Connect with us on BeaverHub! Schedule appointments with, Josefine Fleetwood. Students will gain insight into: - Building industry/alum connections and building their network on LinkedIN - Industry Trade Associations - Informational Interviews with alums and alumni connections

Oregon State is on Handshake

Handshake is Oregon State's hub for **everything students need from college to career**. The Handshake platform was designed by students, for students with one goal in mind: to help college students find their way to their dream

careers. https://oregonstate.joinhandshake.com/login

Have you joined BEE's LinkedIn Page yet? We post ALL job announcements to both LinkedIn and Facebook. https://www.linkedin.com/groups/6711697

Upcoming USA Jobs Webinars:

Navigating USAJobs: May 15th, 11am – 12pm PDT

This session will provide participants with information on how to effectively navigate the USAJOBS website. Specific topics will include:

- USAJOBS landing page
- USAJOBS profile, resumes, and supporting documents
- Searching for job opportunities
- Overview of federal hiring
- Reading job announcements to understand eligibility and qualifications
- Starting the application
- Resume best practices

<u>U.S. EPA Region 8, 9, and 10 Federal Careers Virtual Workshop</u>: May 15th, 8am – 9am PDT Come learn about Federal Employment at Region 8 (Denver), Region 9 (San Francisco), and Region 10 (Seattle) of the EPA! Entry level, early and mid-career professionals are all welcome to attend.

Our work at EPA has purpose and impact. From tackling the climate crisis to advancing environmental justice, what happens here changes our world. Our mission is to protect human health and safeguard the environment – the air, water, and land upon which life depends.

<u>Bureau of Land Management 101 (Careers Caring for the Land you Love)</u>: May 24th, 9:00am – 10:00am PDT

Interested in a career caring for the land you love? Join the Bureau of Land Management Recruiting Team and learn more about how you can us achieve our mission of managing and conserving public lands for the use and enjoyment of present and future generations.

Around Campus

Pacific Northwest Water Research Symposium: The Hydrophiles 14th Annual PNW Water Research Symposium is fast approaching! Please mark your calendars for May 20th and 21st in the MU Horizon Room for two days of amazing student-led science! We have 35+ student presentations from across the PNW as well as multiple workshops and panels!

Keep an eye on our website for updates and a complete abstract/workshop booklet by the end of the week. We look forward to seeing you at the 14th annual PNW Water Research Symposium! A reminder that attendance is free, and breakfast and lunch will be provided.

ACT Meeting: The Agricultural Communicators of Tomorrow (ACT) club is excited to host another meeting learning about livestock photography with our guest speaker, Bri Rimmey, on **Wednesday, May 15th at 6 pm in StAg 110**. The club's Instagram is @actclubosu and its email address is ag.communicators.clubs@oregonstate.edu.

CWI Clean Water Showcase: OSU's Clean Water Initiative (CWI) is organizing the 2024 Clean Water Showcase to highlight research in clean water technology at OSU, and host world-renowned invited presenters working on the latest in this rapidly evolving field. The Showcase is on Wednesday, May 22, 9 AM to 6 PM, at LaSells Stewart Center. An online option is available for virtual attendees, and the doors open at 8 AM. <u>Register Now</u>. For more information, visit the event website: https://engineering.oregonstate.edu/research/water/showcase

Social Anxiety Support Group for CoE Students: A 6-week social anxiety support group that will be running during weeks 3, 4, 5, 7, 8, and 9. You can expect a safe, confidential, and understanding environment where you will explore the roots of social anxiety, enhance communication skills, and learn practical strategies to manage social anxiety. Meetings will be on Tuesdays from 4-5 P.M., starting on April 16th. Reach out to Shannon.frasca@oregonstate.edu for questions or to register.

Engineering Expo: The 2024 Engineering Expo will feature interactive design project displays created and hosted by more than 1,200 senior engineering students. Project topics cover the breadth of engineering challenges, including robotics, clean water, nuclear energy, virtual reality, construction innovation and much more. 11 a.m.-4 p.m., June 7. More information: https://beav.es/cTt.

Meditation Drop-in Classes: At <u>Marigold</u>: quiet meditation 8-8:40 a.m. Tuesdays and Thursdays; guided meditation from noon to 1 p.m. Wednesdays. Free guided meditation 6:30-7:30 p.m. Mondays <u>via Zoom</u>. In quiet meditation, we practice self-guided meditation in community with time for individual preparation and a closing dedication. Guided sessions

include a range of Buddhist to mindfulness practices. Register <u>for a class</u>, <u>purchase passes</u>, or apply for an <u>OSU Undergraduate Scholarship</u>. Contact us.

Resources

Peer Tutoring: The College of Engineering and College of Science offer free peer tutoring for a wide variety of courses. Check this webpage for more information and schedules - https://engineering.oregonstate.edu/current-students/academic-support.

Printing: The College of Engineering Information Technology no longer offers poster printing services. Large format printing requests should be directed to the <u>OSU Media Hub</u>. Students are allowed to print **one** poster per assignment, conference, research project, etc. If you're planning on utilizing this service, then remember to submit your requests in advance since printing requests have a 48-hour lead time.

Free student contraceptive care: Want free contraceptive care? Oregon ContraceptiveCare (CCare) is a program funded through a grant from the Centers for Medicaid Services and the Oregon Department of Human Services that allows Student Health Services (SHS) to provide free reproductive health care and contraceptive services to OSU students with certain income criteria. Most students qualify. Sign up for CCare by calling SHS at 541-737-9140.

OSU Assist: Mobile Crisis Response OSU Assist is a multi-disciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress. This team brings together new personnel and existing university services to support students facing challenges. By calling 911 or 541-737-7000, OSU Assist will be dispatched in crisis situations that meet certain criteria. This could include instances of suicide ideation, substance abuse issues, survivors seeking support and welfare checks. The team provides serve on the Corvallis campus from Wednesday through Sunday, 1 p.m. to 1 a.m., with hours anticipated to expand in future terms. For more information on this service, visit our website, contact Assistant Dean of Students and Director of Student Care Services Aubrie Piper or attend one of the informational sessions noted below.

Anytime Anywhere: MySSP @ OSU App

This app gives all OSU students, including Ecampus students, 24/7 access by text or phone with a licensed mental health counselor (MySSP stands for "My Student Support Program"). The app makes it easy to schedule short-term counseling appointments with the same ongoing counselor and provides educational materials covering mental health topics. Students can communicate with a counselor in five different languages (Mandarin, Cantonese, French, Spanish or English); additional language options are available upon request. Students can download the Anytime Anywhere: MySSP @ OSU and learn more about the service at beav.es/anytimeanywhere. For questions, please contact Bonnie Hemrick, Director of Mental Health Promotion.

Togetherall: A new mental health resource for OSU students. Togetherall is a safe and anonymous online community where students can share about what they are feeling and get support to improve mental health and well-being. Watch this 1-minute video to learn more: https://youtu.be/mEt4dblejNo. Direct students to beav.es/togetherall to join. For questions about this service: tess.websterhenry@oregonstate.edu.

Eat Free: @eatfreeosu is a Twitter account managed by the Human Services Resource Center student team. This account broadcasts information about open events on campus that also have food available. If your event is closed, but you have extra food, a message can be crafted asking students to show up at the end of your event. Event organizers can tag @eatfreeosu or call 541-737-3747 during business hours to request their event be posted on the account.