# This week in BEE & around OSU

#### **BEE End of the Year Events**

**BEE Awards Banquet:** Join us for dinner in a celebration for our department. We will present awards, scholarships, and our achievements, and we would love for all our students to join. It will take place Thursday, May 9<sup>th</sup>, at 5:30 P.M. in the MU Horizon Room. Please use <u>this survey</u> to RSVP and state which meal option you would prefer. We hope to see you all there.

**BEE End of Year BBQ:** Celebrate another incredible year with our End of Year BBQ on Friday, June 14<sup>th</sup> at 11:30 A.M. on the Gilmore Lawn. Food and drinks will be provided, and please RSVP using this survey.

**Ice Cream Social:** Cool down in the sun with some ice cream to celebrate the end of the year! Join us at 5 P.M. on Tuesday, May 7<sup>th</sup> on the Gilmore Lawn. Please RSVP using this survey.

# **Lectures and Seminars**

## **Mind Matters CoE Mental Health Workshop Series**

This Week: Creativity and Wellbeing

When: May 1<sup>st</sup>, 6 PM Where: Kearney 311

#### **Water Resources Science Seminar Series**

This Week: "Critical zone below and above the knickpoints of a plateau in Puerto Rico"

Who: Mong-Han Huang, University of Maryland

When: Wednesday, May 1st at 4PM

Where: Burt Hall 193

#### **College of Engineering Faculty Lecture Series**

Coming Up: Sustainability; "Groundwater Resilience and Agriculture Competitiveness in Oregon

Through Climate-Adaptive Multibeneficial Managed Aquifer Recharge

Who: Salini Sasidharan, Biological and Ecological Engineering

When: Tuesday, May 7, 12-1 P.M.

To register or for more information: https://beav.es/c75

Coming Up: Sustainability; "Revealing nature's secrets: A chemical forensics approach to

decode the information stored in water"

Who: Gerrad Jones, Biological and Ecological Engineering

When: Tuesday, May 14, 12-1 P.M.

To register or for more information: <a href="https://beav.es/c7i">https://beav.es/c7i</a>

# **BEE Bag/EESS T-Shirt Design Contest**

We are joining the BEE Bag Design with the EESS T-Shirt Design Contest! The student society is currently voting on a T-Shirt Design, and that design will also be entered into the BEE Tote Bag Contest.

We have also updated the prize and will be extending the submission deadline to the end of this week, on Friday May 3<sup>rd</sup>. In addition to a couple items of BEE merch, **the winner will also receive a \$50 Visa Gift Card!** 

The bags will be offered as graduation gifts to seniors, prizes in giveaways and raffles, and other BEE events. To enter, submit a design (7" H x 9.5" W, as a jpeg or png) that symbolizes our department to this Qualtrics survey by May 3<sup>rd</sup>.

## **Gilmore Hall Student Showcase Bulletin Board**

At BEE, we love to showcase all the hard work that our students are putting into their academics and careers. So, we are constructing a bulletin board in Gilmore Hall that will display all of the experiences that our students have had. This may include internships, study abroad, or research programs.

Please fill out this survey to be featured on the bulletin board in Gilmore Hall: <a href="https://oregonstate.qualtrics.com/jfe/form/SV">https://oregonstate.qualtrics.com/jfe/form/SV</a> <a href="mailto:5nxT9JQ2haY5odU">5nxT9JQ2haY5odU</a></a>

This form will ask if you want to submit any photos, and to do so you must submit a photo release form: <a href="https://oscience.org/nc/2021-Short.pdf">OSU-Model-Release-2021-Short.pdf</a>

You can either submit the form through the survey, or bring it in person to GILM116.

# **Jobs and Internships and Career Events**

Become a Peer Mentor: Beaver Connect is looking for Peer Mentors for 2024-2025 mentoring teams at the Corvallis campus! This program matches you with a faculty member to co-mentor a group of 3-4 new-to-OSU students. Together, you'll lead crucial discussions on navigating college, achieving success, and getting more out of the OSU experience. This is a paid position that will allow you to make connections with faculty and peers and develop resume-building leadership skills! Apply at <a href="https://beav.es/chu">https://beav.es/chu</a> by May 15, 2024 - positions start prior to fall term and last through Spring 2025. We are particularly interested in undergraduate students who identify as students of color, first-generation students, students with high-financial need, and transfer students. Check out this brief orientation video or visit our website to learn more! Questions and accommodation requests can be directed to caitlin.mcvay@oregonstate.edu.

The Job Shadow Program is open for student applications, now through May 3. Want to get a real-life look at a career you're interested in? Apply for the Job Shadow Program, where OSU students can explore potential career paths by shadowing someone in their place of work. The Career Development Center facilitates matches between students and working professionals, giving students the chance to gain realistic insights into the industry they're interested in exploring. Most job shadows last one or two days, and many offer both in-person and virtual options. Engineering host locations <a href="https://career.oregonstate.edu/careered/job-shadow-host-sites#engineering">https://career.oregonstate.edu/careered/job-shadow-host-sites#engineering</a>, Go here (<a href="https://beav.es/ccx">https://beav.es/ccx</a>) to apply.

**Join the 2024-2025 CAS Student Leader Team:** We are looking for students from diverse backgrounds to support and enhance recruitment and engagement activities in the College of Agricultural Sciences. The application is due May 3<sup>rd</sup> at 11:59 P.M. Use <u>this survey</u> to apply.

**Getting a Dam Job:** Need help creating a resume, cover letter or government application that stands out? Wondering how to gain experience in your dream field when you're already working a full-time job? Come network, learn and explore possibilities for your future career at one of the Spring 2024 Getting a Dam Job workshops. Corvallis campus and Ecampus students in all majors are welcome; all workshops are offered in virtual or hybrid formats. Sign up for the events you're most interested in here: <a href="https://career.oregonstate.edu/careered/getting-dam-job">https://career.oregonstate.edu/careered/getting-dam-job</a>.

## Register for all career events in Handshake:

May 1<sup>st</sup> 2024 OSU Grad School Exploration Fair <a href="https://beav.es/c2M">https://beav.es/c2M</a>

# Career Advising Appointments/Office Hours offered for BEE students

Students can schedule 1:1 appointments with Employer Relations Managers who support the schools below. Connect with us on BeaverHub! Schedule appointments with, Josefine Fleetwood. Students will gain insight into: - Building industry/alum connections and building their network on LinkedIN - Industry Trade Associations - Informational Interviews with alums and alumni connections

### **Oregon State is on Handshake**

Handshake is Oregon State's hub for **everything students need from college to career**. The Handshake platform was designed by students, for students with one goal in mind: to help college students find their way to their dream careers. https://oregonstate.joinhandshake.com/login

Have you joined BEE's LinkedIn Page yet? We post ALL job announcements to both LinkedIn and Facebook. https://www.linkedin.com/groups/6711697

# **Around Campus**

**CWI Clean Water Showcase:** OSU's Clean Water Initiative (CWI) is organizing the 2024 Clean Water Showcase to highlight research in clean water technology at OSU, and host world-renowned invited presenters working on the latest in this rapidly evolving field. The Showcase is on Wednesday, May 22, 9 AM to 6 PM, at LaSells Stewart Center. An online option is available for virtual attendees, and the doors open at 8 AM. <u>Register Now</u>. For more information, visit the event website: <a href="https://engineering.oregonstate.edu/research/water/showcase">https://engineering.oregonstate.edu/research/water/showcase</a>

**Social Anxiety Support Group for CoE Students:** A 6-week social anxiety support group that will be running during weeks 3, 4, 5, 7, 8, and 9. You can expect a safe, confidential, and understanding environment where you will explore the roots of social anxiety, enhance communication skills, and learn practical strategies to manage social anxiety. Meetings will be on Tuesdays from 4-5 P.M., starting on April 16<sup>th</sup>. Reach out to Shannon.frasca@oregonstate.edu for questions or to register.

**Meditation Drop-in Classes:** At Marigold: quiet meditation 8-8:40 a.m. Tuesdays and Thursdays; guided meditation from noon to 1 p.m. Wednesdays. Free guided meditation 6:30-7:30 p.m. Mondays via Zoom. In quiet meditation, we practice self-guided meditation in community with time for individual preparation and a closing dedication. Guided sessions include a range of Buddhist to mindfulness practices. Register for a class, purchase passes, or apply for an OSU Undergraduate Scholarship. Contact us.

#### Resources

**Peer Tutoring:** The College of Engineering and College of Science offer free peer tutoring for a wide variety of courses. Check this webpage for more information and schedules - https://engineering.oregonstate.edu/current-students/academic-support.

**Printing:** The College of Engineering Information Technology no longer offers poster printing services. Large format printing requests should be directed to the <u>OSU Media Hub</u>. Students are allowed to print **one** poster per assignment, conference, research project, etc. If you're planning on utilizing this service, then remember to submit your requests in advance since printing requests have a 48-hour lead time.

Free student contraceptive care: Want free contraceptive care? Oregon ContraceptiveCare (CCare) is a program funded through a grant from the Centers for Medicaid Services and the Oregon Department of Human Services that allows Student Health Services (SHS) to provide free reproductive health care and contraceptive services to OSU students with certain income criteria. Most students qualify. Sign up for CCare by calling SHS at 541-737-9140.

**OSU Assist: Mobile Crisis Response** OSU Assist is a multi-disciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress. This team brings together new personnel and existing university services to support students facing challenges. By calling

911 or 541-737-7000, OSU Assist will be dispatched in crisis situations that meet certain criteria. This could include instances of suicide ideation, substance abuse issues, survivors seeking support and welfare checks. The team provides serve on the Corvallis campus from Wednesday through Sunday, 1 p.m. to 1 a.m., with hours anticipated to expand in future terms. For more information on this service, visit our website, contact Assistant Dean of Students and Director of Student Care Services Aubrie Piper or attend one of the informational sessions noted below.

## Anytime Anywhere: MySSP @ OSU App

This app gives all OSU students, including Ecampus students, 24/7 access by text or phone with a licensed mental health counselor (MySSP stands for "My Student Support Program"). The app makes it easy to schedule short-term counseling appointments with the same ongoing counselor and provides educational materials covering mental health topics. Students can communicate with a counselor in five different languages (Mandarin, Cantonese, French, Spanish or English); additional language options are available upon request. Students can download the Anytime Anywhere: MySSP @ OSU and learn more about the service at <a href="mailto:beav.es/anytimeanywhere">beav.es/anytimeanywhere</a>. For questions, please contact <a href="mailto:Bonnie Hemrick">Bonnie Hemrick</a>, Director of Mental Health Promotion.

**Togetherall:** A new mental health resource for OSU students. Togetherall is a safe and anonymous online community where students can share about what they are feeling and get support to improve mental health and well-being. Watch this 1-minute video to learn more: <a href="https://youtu.be/mEt4dblejNo">https://youtu.be/mEt4dblejNo</a>. Direct students to beav.es/togetherall to join. For questions about this service: <a href="tess.websterhenry@oregonstate.edu">tess.websterhenry@oregonstate.edu</a>.

**Eat Free:** @eatfreeosu is a Twitter account managed by the Human Services Resource Center student team. This account broadcasts information about open events on campus that also have food available. If your event is closed, but you have extra food, a message can be crafted asking students to show up at the end of your event. Event organizers can tag @eatfreeosu or call 541-737-3747 during business hours to request their event be posted on the account.