This week in BEE & around OSU

BEE FOOD DRIVE EVENTS!!!

BEE Button Making: From 9 a.m.-4 p.m, Feb. 27, come into Gilmore 116 to customize and create your own button. We have precut designs available and materials to make your own design. Attach it to your backpack, purse or favorite coat! Each button is \$1, and all proceeds go to the OSU Food Drive. For questions, contact sam.christopher@oregonstate.edu.

BEE Annual PB&J Bar: Stop by Gilmore Hall 116 between 9 a.m.-4 p.m. throughout the month of February to make your own PB&J. Suggested donation of \$3. Many thanks to the generous bread donation from New Morning Bakery, which will allow the event to continue all month.

The OSU Food Drive is happening in the month of February. To see a full list of fundraising activities and events, please see the <u>Food Drive Events Calendar</u>.

Events and Seminars

Water Resources Engineering Seminar Series - Wednesday, February 28th, at 4 pm

This week: Spatial Statistical Modeling and Prediction in R Using spmodel **Speaker:** Michael Dumelle (EPA, National Aquatic Resource Surveys)

Where: Bexell 328 or Zoom (Passcode WRE2024)

Mind Matters CoE Mental Health Workshop Series

This week: Mindfulness for Stress and Anxiety

Where: Kearney 311

When: February 26th at 4 pm

CAS and CoF Leadership Academy, 2024-2025

Application open NOW! Apply online here: https://agsci.oregonstate.edu/leadership-academy-cohort

Applications are due by 11:59pm on Friday, April 5th, 2023.

All majors in CAS and CoF (CH and MB are in CoS/CAS) are encouraged to apply - our content isn't tailored to any specific major-we leave it up to you to take what you learn and apply it to your department. We are focused on delivering you leadership education that you can apply to your individual program.

The Leadership Academy consists of:

- -A weekly seminar for the academic year (F'24, W'25, S'25) that meets Wednesdays from 4-5:50pm
- -Seminars consist of self-assessments, workshops, guest speakers, panel speakers, book discussions, and networking
- -Faculty mentor pairing for the entire year
- -Opportunities to engage with alumni, industry, field, agency, and employer partners
- -Transcript visible leadership education course
- -Over \$14,000 available in funds to students to further YOUR leadership goals
- -LEAD stole to wear at graduation

Questions? Email Faith.Vawter@oregonstate.edu

Dam Proud Day T-Shirt Design Contest

Dam Proud Day is coming up — April 24, 2024 — and it's <u>time to design the official Dam Proud Day T-shirt!</u>

Design a unique T-shirt design by March 1st that responds to this creative prompt: What comes to mind when you think of being Dam Proud of Oregon State?

Students will qualify for these amazing prizes*:

1st place -- \$1000 2nd place -- \$500

3rd place -- \$250

Learn more about the <u>Dam Proud Day Student T-shirt Contest and design guidelines here.</u> **Submit your design** as jpeg or png <u>here</u>.

Questions? damproudtshirtcontest@osufoundation.org

Ecological Engineering Student Society

General Body Meetings: Mark your calendars! EESS general body meetings will be held every other Wednesday from 6-7pm starting on January 17th.

Greenhouse Meetings: All are welcome to join us during our weekly Greenhouse meetings every **Wednesday from 2 to 5 pm.** Drop in and help any time during that time block.

Join the EESS <u>Discord</u> to stay up to date on information and projects.

ASOSU Student Government Elections

It is time to vote for the ASOSU elections 2023-2024! The Associated Students of Oregon State University is here to support every student at OSU as your student government. We exist as an organization to promote academic excellence; encourage the intellectual, social, cultural, and

physical development of the student body; and enable the student body to assert its varied interests as citizens and members of the academic community through democratic representation.

We believe a better campus, a better community, and a better experience happens when we come together. You are a student. You have a voice. Make it known.

Your Election Ballot was sent to your ONID email on 2/19. To vote, click on the survey link given in the email.

Jobs and Internships and Career Events

We Are Hiring – CoE Ambassador

Are you interested in inspiring the next generation of engineers? Apply to be a College of Engineering ambassador and you'll help with the college's outreach and recruitment efforts, student support services, and more! Questions? Contact coe.ambassadors@oregonstate.edu. For more information, visit the CoE Ambassador Job Posting.

Getting a Dam Job: Need help creating a resume, cover letter or government application that stands out? Wondering how to gain experience in your dream field when you're already working a full-time job? Come network, learn and explore possibilities for your future career at one of the Winter 2024 Getting a Dam Job workshops. Corvallis campus and Ecampus students in all majors are welcome; all workshops are offered in virtual or hybrid formats. Sign up for the events you're most interested in here: https://career.oregonstate.edu/careered/getting-dam-job.

Register for all career events in Handshake:

Feb 27th Food Science and Technology Fair https://beav.es/c3W

Career Advising Appointments/Office Hours offered for BEE students

Students can schedule 1:1 appointments with Employer Relations Managers who support the schools below. Connect with us on BeaverHub! Schedule appointments with, Josefine Fleetwood. Students will gain insight into: - Building industry/alum connections and building their network on LinkedIN - Industry Trade Associations - Informational Interviews with alums and alumni connections

Oregon State is on Handshake

Handshake is Oregon State's hub for **everything students need from college to career**. The Handshake platform was designed by students, for students with one goal in mind: to help college students find their way to their dream

careers. https://oregonstate.joinhandshake.com/login

Have you joined BEE's LinkedIn Page yet? We post ALL job announcements to both LinkedIn and Facebook. https://www.linkedin.com/groups/6711697

Around Campus

Sustainability Town Hall: Carly Lettero, associate director of arts integration at PRAx and the director of Spring Creek Project, will be a keynote speaker at the upcoming Sustainability Town Hall, Corvallis's premier sustainability event hosted by the Corvallis Sustainability Coalition. The theme of this year's Town Hall is "The Arts: A Portal to Sustainability." The free event will be held 7 p.m., March 7 at the Alumni Center. <u>Learn more and register here</u>.

OSU Tree Walk: Join Dan Blanchard, curator of living plant collections for the OSU Campus Arboretum and instructor in the Department of Horticulture, for our new Tree Walk. This tour will highlight plants on campus and include some history along the way. Last Session is Feb. 26. Sign up right away using the Qualtrics link or email amy.baker@oregonstate.edu with questions.

Gearing Up for Gardening: Last Surprise! Garden Myths, Janet Magedanz, Benton County Master Gardener. Come to the Corvallis-Benton County Public Library and get free gardening tips from local experts. Join us at noon Feb. 27. Presentations are free and open to everyone. Co-sponsored by the Benton County Master Gardener Association and the Corvallis-Benton County Public Library.

Resources

Peer Tutoring: The College of Engineering and College of Science offer free peer tutoring for a wide variety of courses. Check this webpage for more information and schedules - https://engineering.oregonstate.edu/current-students/academic-support.

Printing: The College of Engineering Information Technology no longer offers poster printing services. Large format printing requests should be directed to the <u>OSU Media Hub</u>. Students are allowed to print **one** poster per assignment, conference, research project, etc. If you're planning on utilizing this service, then remember to submit your requests in advance since printing requests have a 48-hour lead time.

Free student contraceptive care: Want free contraceptive care? Oregon ContraceptiveCare (CCare) is a program funded through a grant from the Centers for Medicaid Services and the Oregon Department of Human Services that allows Student Health Services (SHS) to provide free reproductive health care and contraceptive services to OSU students with certain income criteria. Most students qualify. Sign up for CCare by calling SHS at 541-737-9140.

OSU Assist: Mobile Crisis Response OSU Assist is a multi-disciplinary support team that provides compassionate mobile crisis response and wraparound services for students facing mental health challenges or experiencing other forms of distress. This team brings together new personnel and existing university services to support students facing challenges. By calling 911 or 541-737-7000, OSU Assist will be dispatched in crisis situations that meet certain criteria. This could include instances of suicide ideation, substance abuse issues, survivors seeking support and welfare checks. The team provides serve on the Corvallis campus from Wednesday

through Sunday, 1 p.m. to 1 a.m., with hours anticipated to expand in future terms. For more information on this service, visit our <u>website</u>, contact <u>Assistant Dean of Students and Director</u> <u>of Student Care Services Aubrie Piper</u> or attend one of the informational sessions noted below.

Anytime Anywhere: MySSP @ OSU App

This app gives all OSU students, including Ecampus students, 24/7 access by text or phone with a licensed mental health counselor (MySSP stands for "My Student Support Program"). The app makes it easy to schedule short-term counseling appointments with the same ongoing counselor and provides educational materials covering mental health topics. Students can communicate with a counselor in five different languages (Mandarin, Cantonese, French, Spanish or English); additional language options are available upon request. Students can download the Anytime Anywhere: MySSP @ OSU and learn more about the service at beav.es/anytimeanywhere. For questions, please contact Bonnie Hemrick, Director of Mental Health Promotion.

Togetherall: A new mental health resource for OSU students. Togetherall is a safe and anonymous online community where students can share about what they are feeling and get support to improve mental health and well-being. Watch this 1-minute video to learn more: https://youtu.be/mEt4dblejNo. Direct students to beav.es/togetherall to join. For questions about this service: tess.websterhenry@oregonstate.edu.

Eat Free: @eatfreeosu is a Twitter account managed by the Human Services Resource Center student team. This account broadcasts information about open events on campus that also have food available. If your event is closed, but you have extra food, a message can be crafted asking students to show up at the end of your event. Event organizers can tag @eatfreeosu or call 541-737-3747 during business hours to request their event be posted on the account.